

# Cyclosporin stability in Microtainer® EDTA tubes for its dosage over the time

Julie GARRIC

## Introduction

Cyclosporin (CsA), is a first line immunosuppressive agent with a narrow therapeutic range and a large inter-subject pharmacokinetic variability. Therapeutic drug monitoring of CsA, is used to improve patient care.

A previous *in vitro* (CsA free blood doped) study [1] showed CsA was absorbed into polyethylene or polypropylene blood sample tubes. Edouard Herriot hospital (EH) conducted this experiment *in vivo* (in real blood samples) so as to confirm any CsA adsorption.

## Experimental method

Samples were taken from pediatric bone marrow transplant patients that had been treated with CsA. Samples (n=43) were collected in Microtainer® EDTA tubes (polyethylene) then analysed with a Dimension® Xpand (Siemens) device.

A CsA antibody conjugated magnetic immunoassay (ACMIA) was performed on the whole blood samples. Within the assay, magnetic particles (CrO<sub>2</sub>-CsA) separated freely, then CsA bound to the antibody-enzyme species (Ab-β-gal).

CsA + Ab-β-gal → CsA- Ab-β-gal + Ab-β-gal

The "Ab-β-gal" in excess was separated using magnetic particles:

Ab-β-gal + CrO<sub>2</sub>-CsA → CrO<sub>2</sub>-CsA- Ab-β-gal

The "CsA-Ab-β-gal" was then transferred to a spectrophotometric cuvette:

CsA- Ab-β-gal

CPRG → CPR (absorption at 577nm)  
(β-galactosidase substrate)

Blood samples were analysed immediately upon arrival to the laboratory (T0). The average time between blood extraction and laboratory arrival was <1h. The blood samples were later analysed again, 3 hours after laboratory arrival (T3).

## Results

Under *in vivo* conditions, CsA concentrations did not decrease significantly (Fig.1). The CsA concentrations at T0 and T3 were found to be similar, with median CSA concentrations at T0 and T3 of 162.5 µg/L and 160 µg/L, respectively. The CsA immunoassay has an imprecision (CV) around 10%. In an attempt to explain this apparent *in vitro* vs. *in vivo* discrepancy, the previous *in vitro* experiment was reproduced. Once again, CsA adsorption was not observed (Fig.2).

## Conclusion and discussion

The previously cited Chollet et al. result could not be confirmed: CsA was not adsorbed in Microtainer® EDTA tubes. Within the previous study, the CsA method required a methanol extraction into a secondary vessel. In this present study, the CsA method used an automated extraction with saponin. The difference between these methods could explain the opposing of results

[1] Chollet F, Evaluation of cyclosporin stability in different tubes for its dosage, September 2006

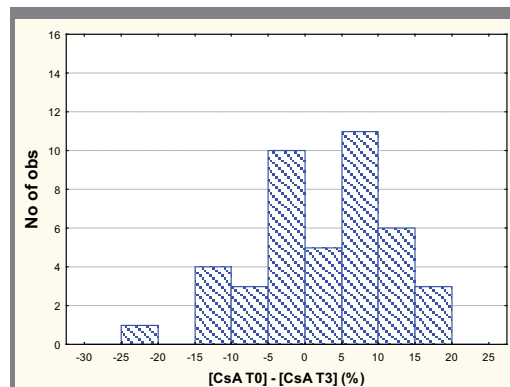
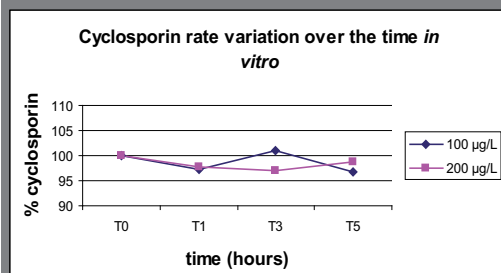


Figure 1



Cyclosporin rate variation over the time *in vivo* (Figure 1) and *in vitro* (Figure 2).



Hôpital Edouard Herriot  
5 place d'Arsonval  
69437 LYON CEDEX 03

in collaboration with IHOP  
(Institute for Pediatric Hematology and Oncology)  
1 place Joseph-Renaut  
69008 LYON